

**FOR IMMEDIATE RELEASE**

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## **Billion Steps Goal All Over Myasthenia Gravis**

***MG Canada's slogan "Step up for MG Fit" launches an ambitious national campaign for Myasthenia Gravis Society of Canada – 1 step at a time - specifically at least 1 billion steps starting May 28, 2017 at our MG Canada Support meetings across Canada.***

*"It's time all Canadians know what Myasthenia Gravis (MG) is, who gets MG and how and where to get professional health care MG treatment," said Cap Cowan, president, Myasthenia Gravis Society of Canada*

Canadians everywhere should know the signs of MG crisis, what to do and where to get help. MG Canada estimates over 30,000 Canadians could have MG but many don't know it so they are often misdiagnosed with other conditions, putting them in mortal danger of suffocation or worse.

MG Canada's first national fundraising campaign aims to assist in dramatically improving awareness and support of Myasthenia Gravis for Canadian MG patients and caregivers, MG health care professionals and MG researchers, one step at a time valued at a penny per step.

For more information, sponsorships and donations please visit [www.MGFit.org](http://www.MGFit.org) contact Cap Cowan at 905 642 2545 or email [BillionsSteps4MG@MGCanada.org](mailto:BillionsSteps4MG@MGCanada.org). Give directly @ [www.MGCanada.org](http://www.MGCanada.org)